The Dangers of Using the Spirit Box

Before I understood about spirits being able to cause you harm physically and mentally Al was dislodged from my lower back. He had spent many years attached to my lower back and had caused my discs to herniate -

This is all hindsight knowledge now unfortunately but it is still useful to some ! I am not sure what door I opened to let him in or even if it was related to a trauma event but I know now that spirits can physically and Spiritually attach to you and cause harm .

Al actually said on the spirit box "I caused you harm" and another spirit said "It started in 1980" which I can relate to a trauma event ...
Anyway, back to how he was dislodged,..one day at church I went up for prayer for my lower back /spine.

The pastor's randomly asked if I'd ever suffered abuse and I fell to my knees confessing an abusive event and cried...I felt a massive column of air in front of me and suddenly a weight lifted off my lower back! Something in the spiritual was broken with the help of the Holy Spirit (an angel I think)

I remember feeling so light and free and peaceful for the first time in ages. I looked up and it looked like there was a big smiling face next to the sunset...

In my car I felt air circling around me.. I look back now and know it was this spirit angrily trying to re-attach...I wish I'd understood spiritual warfare at the time...because this spirit I believe was able to influence my thoughts as he had also said 'I made you fuck up" they can influence us to sin...

Anyway, even though I was trying to become faithful I still lived a life outside of the church and was in and out of addiction and other sins. Still had my feet in the enemy camp, with Als help (that's his name)

So I felt good but wanted something to do to occupy me so I wouldn't use , I was clean at the time , I think I'd even given up smoking .

So then I made one of the worst decisions of my life....I used a spirit box.....contacted the dead .. I had read in the Bible not to do it but I wasn't a full on Bible believer at this point....

After extensive use of the modified radio (psb7) spirit box I heard an EVP say "You've got two days" ...and two days later my life changed forever (it feels like) I felt something enter my body whilst vibrating...via my vagina...and all hell broke loose ...

This is my story of how I became effectively "possessed"....it's been three and a half years and it's a daily ongoing battle to try to free myself, in this time I have gone downhill quite drastically..

My mind and body has become something elses plaything .

Just a sidenote: Alex has a Lancashire accent . It shows that demons are regional

-D.S.

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